

# Embrace Your *Shakti*



The essential key to living and finding peace and happiness is to know and tap into your own inner strength – *Shakti* – the Divine power which becomes a source of abiding health, well-being, abundance and love. At the first Tathaastu Spiritual Retreat held on July 24-26, at the verdant and beautiful Ions Center in Petaluma, California, renowned spiritual masters and healers gathered to guide the seekers into exploring the timeless teachings of the East, Nature's rejuvenation, peace and relaxation, healthy food and joy of spiritual community.

**Bottom:**

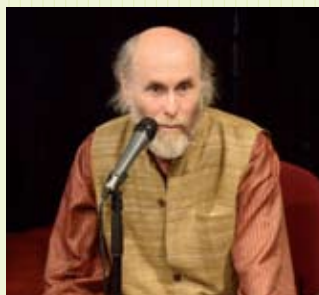
**Left:** Georgy Bhaala, renowned Vedic Astrologer and healer Sri Chamunda Swami, Vaastu expert Pandit Gopal Sharma.

**Middle:** Vedacharya and author Dr. David Frawley (Pandit Vamadeva Shastri) with Indu, Tathaastu Spiritual Retreat Manager.

**Right:** Yoga and Temple Dance expert Sofia Diaz.

'Shunya' Pratichi Mathur, renowned Ayurveda healer, teacher and author and Georgy Bhaala, Chairman of Tathaastu Group, lit the ceremonial lamp.





Sri Chamunda Swami – renowned Vedic astrologer and spiritual adviser; ‘Shunya’ Pratichi Mathur – well-known Ayurveda healer, author and teacher; Dr. David Frawley (Pandit Vamadeva Shastri) – much-revered Vedacharya and author; Yogini Shambhavi –mystic, Yogini and spiritual guide; Pandit Gopal Sharma – internationally acclaimed Vaastu expert; and Sofia Diaz – an expert in yoga and temple dance, formed the illustrious panel of masters who guided the participants into understanding and embracing their *Shakti* to face life with all its challenges. Shunya was also the very inspirational anchor speaker of the retreat and she welcomed all the seekers with love and warmth.

**Top: (Left to Right)**

Sri Chamunda Swami, ‘Shunya’ Pratichi Mathur, Dr. David Frawley (Pandit Vamadeva Shastri), Pandit Gopal Sharma, Mystic, Yogini and Spiritual Guide Yogini Shambhavi

The 3-day retreat was filled with priceless sessions of Eastern wisdom on Meditation, Ayurveda, Yoga, Astrology, Vaastu and healing. The auditorium resonated with the divine sounds of music – Mantra chanting, Didjeridoo, singing bowls and drums by ‘Shunya’ Pratichi Mathur, Paradiso and his team.

Vedika Global, the wonderful non-profit organization that is dedicated to teaching, living and sharing the spiritually-energized science of Ayurveda, supported the Tathaastu Spiritual Retreat. Kingfisher Group sponsored and supported the retreat. Kingfisher Airlines flies to many cities with spiritual centers in India. Safronya Spa had displayed their services and Dosha Care had their beautiful range of Ayurvedic products on display.

Karma Mantra, a fantastic online destination for holistic products and healing, distributed gift bags filled with great goodies to everyone. Karma Mantra also announced its pre-launch program.



Sri Chamunda Swami addressed the audience.



‘Shunya’ Pratichi Mathur welcomed and introduced the illustrious panel of speakers. Pandit Gopal Sharma, Dr. David Frawley and Yogini Shambhavi looked on.



Mantra chanting and music with ‘Shunya’ Pratichi Mathur, Paradiso and his group of musicians.

Tathaastu Spiritual Retreat  
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