

PLANET ARCHIVES, LLC

25 S. MAIN STREET, SUITE # 2, EDISON, NJ 08837

T (732) 452-1112 F (732) 452-1117

[info@tathaastumag.com](mailto:info@tathaastumag.com) [www.tathaastumag.com](http://www.tathaastumag.com)

## TATHAASTU - DIVINE JOURNEY PRESS RELEASE

November 02, 2010

### For Immediate Release

*Tathaastu: So Be It*, the leading international spiritual and holistic lifestyle magazine, brought to India *Divine Journey* – a program focusing on Mantra, Meditation and Music. Led by spiritual healer H.H. Shri Chamunda Swamiji from USA and the legendary bhajan singer Shri Anup Jalota, the program was held in the city of Karnal in Karnal Haveli on Saturday, October 30, with Koutons co-sponsoring the event. The Tathaastu Group has been organizing the *Divine Journey* series for the past three years in the United States and Canada, and is now proud to bring it to India.

We live in stressful times. Economic, social and emotional worries affect our lives on a day-to-day basis. *Divine Journey* helps healing, and brings out the latent energy and strength in people through blissful music and motivational discourses. Our emphasis is on nurturing the mind with spiritual healing for a calmer and more peaceful life. An integral part of the *Divine Journey* is the *Tathaastu 'BE THE CHANGE' Awards*. Awarded to people in the community for their phenomenal achievements and devotion to public causes, these awards highlight the core fundamentals of “selfless giving” to society and its people. The program highlights two extraordinary people within this community who have made selfless contributions to the society. These were awarded to Dr. Bharti Sharma and IG V. Kamaraja, IPS at the Karnal event.

More than 1000 people thronged to the venue to witness and listen to the mesmerizing voice and deep word power of Shri Chamunda Swami and Shri Anup Jalota – the two were received with open arms – in fact the response had to be seen to be believed!

H.H. Shri Chamunda Swamiji is the renowned New York-based spiritual healer to thousands, in the U.S., Canada and India. He is a strong believer in the cultivation of purity of thought, mind, and harnessing positive energy from the negative forces around us. He has a huge following in this part of the country – and just like other parts across the globe he shows how Mantra Healing can be used to transform and control your mind for a successful, satiated and peaceful life's journey. A devout worshipper of Maa Kali, he has learned the immense powers of spirituality and has spent the last many years helping heal people.

Shri Anup Jalota needs no introduction. Popularly known as the “Bhajan Samrat,” he is an integral part of the strong Tathaastu board. He has been entertaining us for decades with his divine voice. But for the very first time in India his soulful renditions were weaved in with mantra healing by Chamunda Swamiji to create an evening of Mantra, Meditation and Music.

We also had the privilege of having a host of dignitaries who graced the event and made it even more memorable. This included His Excellency Shri Jagannath Pahadia (Governor of Haryana) – who performed the auspicious lamp-lighting ceremony, Capt. Abhimanyu (BJP Rohtak), Master Mohan Lal (Transport Minister of Punjab), Swami Sampooranadji, Swami Dayanand Giriji, Shrimati Sumita Singh (MLA Karnal), Shri Kuldeep Sharma (MLA & Working President Haryana Pradesh Congress Committee), Shri Zileram Sharma (MLA Assandh), Shri I.D. Swami (Ex-minister of State Ministry of Home Affairs- Govt. of India), Shrimati Neelam Pradeep Kasni (DC Karnal), Shri R.P. Singh (General Secretary All India Kisan Morcha),

PLANET ARCHIVES, LLC

25 S. MAIN STREET, SUITE # 2, EDISON, NJ 08837

T (732) 452-1112 F (732) 452-1117

[info@tathaastumag.com](mailto:info@tathaastumag.com) [www.tathaastumag.com](http://www.tathaastumag.com)

Shri S.P. Chauhan (Chairman Nassco, Govt. of India), Shri Vishal and Bhawna Gupta (Chairman Pixy Consultancy), Mr. Ivan (Journalist from Argentina), Dr. M.L. Madan (Ex. Vice Chancellor of Punjab), Shri Rao Deshmukh (Agriculture University) and Apola & Mathura (Veterinary University).

### **Award Recipient - DR. BHARTI SHARMA**

Dr. Bharti Sharma, Professor & Dean, Department of Performing & Visual Arts, Maharishi Dayanand University, Rohtak, Haryana has been rendering social service of highest order for the last 25 years. A conscientious and hardworking individual with a keen craving for social service, she is the daughter of an illustrious father Pt. Bhagwat Dayal Sharma, the first Chief Minister of Haryana.

Her zeal and efforts in helping students from poor families has been highly praiseworthy. She has shown keen interest in serving people by organizing free medical and educational camps for the needy and neglected strata of the society.

Recognizing her untiring efforts in helping others, rendering distinguished service of exceptionally high order and her willingness to accept additional obligations of duty, the Chancellor of the University had conferred upon her the University Distinguished Service Certificate. Her contributions towards society are all distinct manifestation of her exquisite desire towards motivating youth towards their self-development.

She has displayed a strong persevering spirit, fine sense of teamwork and extraordinary sense of social responsibility which prompts us to confer upon her the prestigious 'BE THE CHANGE' award for her exemplary contribution in the social arena.

### **Award Recipient - IG V. KAMARAJA**

During a rich and distinguished professional career spanning nearly two decades, IG V. Kamaraja has earned the respect from one and all. Born in Tamil Nadu, he joined Indian Police Service in 1987 and was allotted Haryana Cadre. Over the years he acquired valuable exposure and experience in varied fields other than gaining professional accolade, appreciation and medals at all levels in his quest to build an edifice of dedicated service to the Nation and the Society. His achievements include:

- He was conferred with **Prime Minister's Medal for Life Saving** in recognition of saving the lives of 9 persons during the flash flood in Kaithal District of Haryana in the year 1993
- He set up a Counseling Center for CISF personnel and their families, one of the first of its kind in the Force, which was recognized and awarded **DG's Disc** by the Director General/CISF.
- He was given the **President's Police Medal for Meritorious Services –2006** recognizing his contributions towards establishment of Highway Patrol Road Safety Division, Traffic Aid Centers, and educating the masses as well as teachers and children.
- He was responsible for creating the Highway Patrol & Road Safety Division, Haryana to improve the road safety of Haryana. During his tenure there was a significant drop in accidents, road defects, roadside offenses and improved parking amongst others
- All this was over and above him containing terrorism and unearthing large scams.



PLANET ARCHIVES, LLC

25 S. MAIN STREET, SUITE # 2, EDISON, NJ 08837

T (732) 452-1112 F (732) 452-1117

[info@tathaastumag.com](mailto:info@tathaastumag.com) [www.tathaastumag.com](http://www.tathaastumag.com)

His name has been cited by the people of Haryana as the most deserving recipient of **Tathaastu 'BE THE CHANGE' award.**

### **Tathaastu – The Magazine**

*Tathaastu: So Be It* is a magazine that celebrates a healthy, spiritual way of embracing life and celebrating it with peace, harmony and dignity. It is about exploring the different and unique facets of life that promote a peaceful and happy co-existence. Leading life holistically is the mainstay of the magazine.

Entertaining, eclectic, creative – Tathaastu is an informative guide to nurture good thoughts, good deeds, and ways to simplify our increasingly complex lives through spirituality and meditation.

The magazine is beautifully designed, visually rich, with stunning, insightful images on various subjects. With as much emphasis on photography as text – images which portray life, its essence and soul.

The approach is simple, entertaining, and creative and the magazine provides deep insight into spirituality, philosophies, natural remedies, foods.

It entails discussions and analysis of philosophies of spiritualists and thinkers - Not just discourses, but articles filled with personal stories, anecdotes, and ideas to lead a spiritual, more peaceful life. Written by luminaries such as Swami Ramdevji, Dr. Deepak Chopra, Sri Sri Ravi Shankar (to name a few).

**Tathaastu** is published in the United States and distributed in countries around the globe, including USA, Canada, Europe, Australia, New Zealand, Singapore and of course, the land of Eastern wisdom, India.